

The SHAPE America conference in Boston was very informative and I learned numerous new ideas to incorporate into future lessons. This was my first conference and I look forward to attending more. I was once again reminded why I want to become a Physical Education teacher. During the conference I met past, present, and future educators that like me, share the same enthusiasm for teaching students the importance of living an active lifestyle.



One of my favorite sessions that I attended at the conference was a brain break movement session. I learned new activities to add to my classroom that were simple and easy. Some of the activities I learned were, “switch, turn, swap”, “Fidget Digits”, “Chocolaté Dance”, and my favorite “Foot Fire”. All of these activities were easy, quick, simple, and fun. I fully intend on incorporating these into a lesson when I can.

I am incredibly thankful for the opportunity to go to the SHAPE America conference with my fellow classmates. I would also like to thank CTAHPERD for helping us with funding for our trip. I unfortunately could not express my gratitude in person but hope that my words are able to do so.

Sincerely,
Sabrina Simpkins
Secretary of the Southern Connecticut State University PE Club

There were so many things that I gained from attending the SHAPE America conference in Boston. In addition to the conference being a great experience, I also learned many things that I will use as a teacher in the future.



I was able to see the “big picture” of how important PE is to the success of our students both in the classroom and in life. I went to sessions about movement, brain blasts, adaptive PE, and what effective teaching looks like. In every session I took away at least one piece of valuable knowledge or advice that will help me as both a physical education student and future teacher. I am so grateful for the assistance with funding from CTAHPERD for our trip to Boston, and for all the things I am able to take away from the conference!

Melissa D'Agostino
Secretary Elect of the Southern Connecticut State University PE Club

The SHAPE America conference in Boston was an experience that could not be beaten. The trip offered a wealth of educational and social networking opportunities for future professionals like myself.

Each day I went to different sessions that reinforced my love for Physical Education. The session that I enjoyed the most was given by Scott Williams, a PE teacher from Virginia. His Teacher of the Year Choreography session was exhilarating and gave me a newfound appreciation for dance that needs to be taught in schools. I will most definitely incorporate a lengthy dance unit when I teach my own PE classes.

This conference would have been a real struggle to attend without the funding assistance CTAHPERD provided to us. Thank you for your generous contribution that allowed for many of us to attend this meaningful conference!

Justin Pandolfe

President Elect of the Southern Connecticut State University PE Club





Going to Boston taught me how to think like a professional. Meeting the national directors gave me the opportunity to speak with experts in my field about situations and concerns I am going to be up against when I get into the physical education field.

Attending this conference gave me tons of ideas for games, brain teasers, and equipment I can use at any point in my future career.

Attending the national convention helped me realize this career path will lead me to apply my philosophy in life, which is to become a mentor for the youth. It also gave me a chance to form a bond with my fellow PE club members.

Thank you so much for the contribution you made to funding our trip to SHAPE America!

Bernard Brantley
Southern Connecticut State University PE Student and Club Member

THANK YOU!

From the Southern Connecticut State University PE Club

