

Cross Curricular & Cultural Lessons in High School PE

Title

Time 8:00 - 9:00 am

Room Ballroom ABC

Description Demonstration of how to use Merengue or Salsa to combine individual Zumba Fitness with cultural partner dance:
1 - teach the basic steps of either Salsa or Merengue while monitoring breathing, heart rate and muscles worked through Zumba Fitness. 2 - teach the cultural side of the dance while incorporating those same steps in partner dance.

Speaker Ginny King, Regional School District #4, CTAHPERD 2016 HS PE TOY

Title

Ramp Shot-Fun New Yard Games

Time 8:00 - 9:00 am

Room Ballroom FGH

Description RampShot is an exciting new yard game where players toss and/or catch for points, keeping all students active and engaged!

Speaker Josh Bonventre, RampShot

Title

Get "A.M.P.E.D" (Art, Music, PE) Jump Rope for Heart

Time 8:00 - 9:00 am

Room Kent

Description This session provides information on how to run an interdisciplinary (Art, Music, PE) Jump Rope for Heart event.

Speaker Lisa Galske, Bristol Public Schools

Presider Ally Starkey, SCSU Student

Title

Sport Stacking

Time 8:00 - 9:00 am

Room Crowne

Description Activity session showcasing physical activities from the video based Sport Stacking with Speed Stacks Instructor Guide. Triple up Triple down relay, March Madness, and Fetch 12 are featured activities. Experience the excitement, fun and movement these activities offer every student regardless of ability. First time attendees receive FREE Instructional materials.

Speaker Glen Costello, St. Joseph School, Speed Stacks

Presider Janna Stratman, SCSU Student

Title

Taking Cooperative Games to the Next Level with BreakoutEDU

Time 8:00 - 9 :00 am

Room Nutmeg

Description We'll explore how adding BreakoutEDU (escape room) to cooperative games can be a great way to check for content knowledge without sacrificing movement. Participants will play a survival game which integrates riddles or clues to open various locked boxes needed to earn equipment that will help finish the game.

Speaker Mike Ginicola, Stratford Public Schools

CTAHPERD Fall Conference 2017

Friday, November 17, 2017

Presider Amanda Amtmanis, Middletown Public Schools

Title Practical Approaches for Individuals with ASD

Time 8:00 - 9:00 am

Room Coach 1

Description Methods for teaching PE to individuals with ASD. Strategies and tools that support the engagement of sport, leisure and to develop skills for life long fitness.

Speaker Daniel Kahl, Benhaven School, CTAHPERD 2017 Adapted PE TOY

Title Observation Worthy Lessons in Middle School Health Education

Time 8:00 - 9:00 am

Room Coach 2

Description This presentation will include a variety of lessons and ideas that can be utilized in a Middle School Health Education program. We will demonstrate "All Star" lessons from the self-esteem, substance abuse, growth and development, nutrition and fitness units. We will also describe how Common Core State Standards were implemented and incorporated into the curriculum.

Speaker Karen Bosworth & Melissa Yennie, Cromwell Public Schools

Title To Crunch or Not To Crunch

Time 8:00 - 9:00 am

Room Middlesex

Description This program will demonstrate a new way to think of training the abdominal muscles based on spinal health, athletic performance and of course Fun!

Speaker Mike Radlbeck, Tolland Public Schools

Title SESSION II - GENERAL SESSION

Time 9:15 - 10:30 am

Room Ballroom DE

Description Annual Business Meeting
Outstanding Future Professionals
Keynote Address: Physical Literacy: A Vehicle for Inclusive and Connected Living - Amanda Stanec, Move Live Learn

Title Bicycling in PE

Time 10:45 - 11:45 am

Room Ballroom ABC

Description Practice different skills, drills, and games that you could implement into your PE program.

Speaker Jim Arnold, Berlin Public Schools

Title Get Em Up! Moving & Learning

Time 11:00 am - 12:00 pm

Room Ballroom E

CTAHPERD Fall Conference 2017

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Description Research has proven that movement has a direct correlation to learning. Research has proven that movement has a direct correlation to learning. This presentation is packed with easy brain breaks and tips to implement them without causing chaos. This session will cover low cost and no cost activities for physical educators and resources to pass on to classroom teachers.

Speaker Carrie Flint, Musical PE Plus

Presider Joanna Darby, SCSU Student

Title AHA session - Partner Play for PE

Time 10:45 - 11:45 am

Room Ballroom FGH

Description Learn how to engage students in PE class while working with student peers as a team. Sponsored by the American Heart Association.

Speaker Marissa Greider, American Heart Association

Title Girls on the Run

Time 10:45 - 11:45 am

Room Jersey

Description Girls on the Run (GOTR) is an incredible non-profit program that inspires girls to be joyful, healthy, and confident using a fun, experience-based curriculum which creatively integrates running. Come to an interactive, fun program and learn more about GOTR and how you could start a program.

Speaker Daniel and Stacy Swartz & Nancy Woodward

Title The What, Why, & How of Skills Based Health Education

Time 10:45 - 11:45 am

Room Kent

Description Join us in a judgement-free discussion and you will leave feeling confident in bringing ideas back to your school.

Marissa Wengell, Glastonbury Public Schools & Kate Egan, Glastonbury Public Schools, CTAHPERD & Eastern District SHAPE

Speaker America 2016 Health Educator of the Year

Title PLYOGA

Time 10:45 - 11:45 am

Room Crowne

Description PLYOGA is an internationally recognized fitness system centered around Functional PLYOMETRIC intervals, implementing fundamental YOGA as an active and fluent recovery.

Speaker Stephanie Lauren and Christine Conti, PLYOGA Fitness

Title Adaptations and Modifications: Including All in Physical Education

Time 10:45 - 11:45 am

Room Nutmeg

Description This session will provide attendees with specific adaptations and modifications that can be incorporated to include, challenge, and all students to experience success in physical education.

Michelle Ferrer, ECSU; Alex Facchini & Ryan Ferrer Windham Public Schools

Speaker

Title Classroom Management

Time 10:45 - 11:45 am

Room Coach 1

Description During this session, participants will learn about restorative and positive social-emotional practices that can be implemented in physical education to manage a wide range of students.

Speaker Matt Martin & Amy Gagnon, CCSU

Title Sport Education: Empowering your Students Toward Success

Time 12:00 - 1:00 pm

Room Ballroom ABC

Description Sport Education standards-based model improves class behavior and attendance, makes students responsible for their own learning, and adds peer, self and teacher assessments to your curriculum. Activities will be used to show these assessments and Sport Education in action. Use this model immediately in fitness, lifetime or team activities.

Speaker Charla Tedder Krahnke, US Games, SHAPE America 2013 National HS PE TOY

Title Teaching Yoga in PE

Time 12:00 - 1:00 pm

Room Ballroom D

This session is for teachers with or without experience in teaching yoga from a P.E. standpoint. Yoga is very popular - even preschool children are learning about yoga! Expect tips, lesson ideas and ways to great creative with teaching yoga in the most comfortable way to make it less challenging for those without experience.

Description

Speaker Jessica Fumasoli, Fairfield Public Schools

Title Plickers + Magnets=Powerful Student-driven Learning and Assessment

Time 12:00 - 1:00 pm

Room Ballroom E

Description Plickers magnets are a powerful and efficient assessment system being used globally by PE teachers! By giving students a choice and voice, adding SOLO Taxonomy or progression goals/targets via rubrics, students take ownership over their own learning! Attendees will be guided through sample activities and leave with plentiful resources!

Speaker Mike Ginicola, Stratford Public Schools

Title Ultimate Frisbee for Youth

Time 12:00 - 1:00 pm

Room Ballroom FGH

Description This presentation will introduce educators, administrators and others to the sport of Ultimate. A high intensity athletic sport, Ultimate is distinguished by a focus on self-officiating, team play, spirit of the game, and gender equality that continues even at the highest levels of competition.

Speaker Owen Butler, Trevor Charles, Zach Putney & James Sweney

- Title** **Pokemon Move! Gamification of CSPAP**
Time 12:00 - 1:00pm
Room Jersey
Description This workshop will explore how different parts of a CSPAP can be connected by an overall theme and incentivized by becoming part of a game. Participants will examine the benefits of this approach for creating buy-in and enthusiasm among students and teachers. We will look at some of the free/low cost resources available through LMAS and see how they have been woven into the game. Amanda Amtmanis, Middletown Public Schools, CTAHPERD 2014
Speaker Elementary PE TOY
- Title** **Using Mini-Grants to Enhance your Adapted PE and PE Programs**
Time 12:00 - 1:00 pm
Room Kent
Description This sessions will go over how Mini-grants can enhance your adapted and physical education programs. How to write a grant proposal will be discussed along with what is required of the teacher to submit when the grant project is being implemented.
Speaker Michael Pietruszka, River Street Autism Program, CREC
- Title** **Integration/Differentiation/Higher Order Questioning Part 2**
Time 12:00 - 1:00 pm
Room Nutmeg
Description This session will focus on integrating other subjects into elementary PE lessons. Ways to differentiate and include higher-order questioning in activities also will be included in this presentation. This presentation is a continuation of last year's presentation here at CTAHPERD.
Speaker Mike Fraioli, Sarah Wiedemann, Ridgefield Public Schools
- Title** **LGBTQQA: What Does All That Mean Anyway?**
Time 12:00 - 1:00 pm
Room Coach 1
Description There's so many terms that we are expected to know and cover in Health classes related to sexuality! Come explore a doctoral students' research findings on CT Health & FCS Teachers experiences with teaching sexual orientation & gender identity. Leave with some great age appropriate hands-on activities to use in your classroom tomorrow for these timely topics!
Speaker Martha Goldstein-Shultz, Killingly Public Schools
- Title** **Exercise Physiology Concepts Applied to Fitness for the High School PE Teacher**
Time 12:00 - 1:00 pm
Room Coach 2
Description This session will cover current topics in exercise physiology and its practical application to fitness in a high school setting. Both health-related and skill-related concepts of fitness will be discussed using current scientific evidence to help the high school physical education teachers administer a physical fitness unit of instruction.

Speaker David Harackiewicz, CCSU

Using Data & Experience to Give Your Health Education Standards Prevention Power

Title 12:00 - 1:00 pm

Room Middlesex

Description Schools partners with global leader in substance abuse prevention services FCD Prevention Works to create comprehensive approaches to prevention tied to decreased risky behavior by Farmington High School students and increased readiness for healthy transitions for Robbins Middle Schoolers. Join Farmington and FCD as they explore the development of a train-the-trainer course seeking to tailor their data-driven experience into a workshop for health educators across the state.

Speaker Denise Vasquez, FCD Prevention Works; Edward Manfredi, Farmington Public Schools

Learn & Teach Circus Right Away!

Title 1:15 - 2:15 pm

Room Ballroom ABC

Description Juggling, plate spinning, devil stick and diabolo manipulation, object balancing, stilt walking and more. A hands-on primer in circus skills - including techniques, teaching tips, progressions and age/grade level applications with plenty of personal skills development time. Learn to do circus and take home proven teaching strategies for your students.

Speaker Greg Milstein, National Circus Project

Still Beating Boredom with Drums Alive!

Title 1:15 - 2:15 pm

Room Ballroom D

Description Motivate your students with a high-energy, all-inclusive fitness and academic program. This session will highlight activities from Drums Alive's Fit Clix, Drumtastic and Stomp & Drum programs. See how easily adaptable Drums Alive is for all students and spaces!

Speaker Andrew Bevilaqua, Jenna Caccia, Greg Clark, Christina Peterson, Pawcatuck Public Schools, Rhode Island

Inclusive PE Strategies for ALL!

Title 1:15 - 2:15 pm

Room Ballroom E

Description Learn how PE Teachers can adapt skill-building activities and games to include students with disabilities. Create an inclusive environment, general and activity specific adaptations, and engage all students in a general PE setting. Receive resources on how to create an inclusive PE environment.

Speaker Naomi Hartl, Sportime

Ultimate Frisbee for Youth

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Time 1:15 - 2:15 pm
Room Ballroom FGH
Description This presentation will introduce educators, administrators and others to the sport of Ultimate. A high intensity athletic sport, Ultimate is distinguished by a focus on self-officiating, team play, spirit of the game, and gender equality that continues even at the highest levels of competition.

Speaker Owen Butler, Trevor Charles, Zach Putney, & James Sweney

Title Flipping Your Classroom: Its not just Gymnastics anymore.

Time 1:15 - 2:15 pm
Room Kent
Description The session will help physical education and health teachers learn how to apply different types of technology in the physical education setting. Learn how to use technology to instruct, assess and teach pre-learning to your students. Todays learner is light years ahead with the use of technology. Learn different strategies that can help you with 21st century learners.

Speaker Michael Misseri, Enfield Public Schools

Title Happy Feet! Fun, Creative & Easy Dance Activities

Time 1:15 - 2:15 pm
Room Nutmeg
Description Learn how to challenge and motivate your students with these simple and fun dance activities! You will leave our workshop feeling energized and with lesson plans for your PE program!

Speaker Marissa Wengell, Glastonbury Public Schools & Kate Egan, Glastonbury Public Schools, CTAHPERD & Eastern District SHAPE America 2016 Health Educator of the Year

Title Special Needs: Functional Fitness for Life

Time 1:15 - 2:15 pm
Room Coach 1
Description Description of session for program booklet (50 word limit - words over 50 limit will not be included) Thirty plus years of Adapted Physical Education Teaching Experience shared with focus on creating low cost adapted equipment, customizing programs to fit the exerciser, facilitating communication and motivational tips, incidental teaching to incorporate cognitive skill building and daily living skills, and creating a love for fitness to last a lifetime.

Speaker Sandra Miles, Southbury Training Center

Title Protect Your Brain: An overview of brain injury prevention tool kits for middle & high school students

Time 1:15 - 2:15 pm
Room Coach 2

Description The Protect Your Brain series was developed as a tool to be utilized by schools and communities to aid in raising awareness about the incidence and preventability of brain injury. The series is broken up by various age groups and grades, and focuses on the risks of brain injury for those age groups. The workshop will provide an overview of this free online resource, as well as elicit feedback from attendees regarding the usefulness of the tool kits.

Speaker Rene Carfi, Brain Injury Alliance of Connecticut

Title **Assessment for Learning Best Practices in PE**

Time 1:15 - 2:15 pm

Room Middlesex

Description Assessment should never be an add-on as it is necessary to guide our instruction. That said, assessment shouldn't be a drag or boring either! In this session, learn practical ways to use assessment to meet the needs of your learners and increase their motivation.

Speaker Amanda Stanec, Move Live Learn, Keynote Speaker Friday

Title **Still Beating Boredom with Drums Alive!**

Time 2:30 - 3:30 pm

Room Ballroom D

Motivate your students with a high-energy, all-inclusive fitness and academic program. This session will highlight activities from Drums Alive's Fit Clixx, Drumtastic and Stomp & Drum programs. See how easily adaptable Drums Alive is for all students and spaces!

Description

Andrew Bevilaqua, Jenna Caccia, Greg Clark, Christina Peterson, Pawcatuck, Rhode Island

Speaker

Title **Broom Shaka Laka... Its QUIDDITCH**

Time 2:30 - 3:30 pm

Room Ballroom E

Description Learn how to teach quidditch to your middle and high school students. Game play includes strategy, teamwork and agility.

Speaker Eliza Poulos, CES Trumbull

Title **Mindfulness**

Time 2:30 - 3:30 pm

Room Jersey

Description Mindfulness is a powerful tool for teachers to utilize in order to manage stress and help prevent burnout. This session will explain what mindfulness is and how to practice it. Participants should wear comfortable clothing.

Speaker Frank Auletta

Title **Interviews**

Time 2:30 - 3:30 pm

Room Crowne

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- Description Screening interviews will be conducted by teacher leaders and administrators actively working in the field. This will be an excellent opportunity for students to practice skills and share knowledge with other professionals.
- Speaker Anne Marie Colebrook, Glastonbury Public Schools