



The Connecticut Association
for Health, Physical Education,
Recreation and Dance

CTAHPERD Region II Workshop 2019

Title: Teaching about Sexual Violence and Consent

Dates/day, time: Thursday, March 7, 2019/ 4-6PM

(snow/inclement weather date: Thursday, March 14, 2019/ 4-6PM)

Location: Staples High School, Room 186

Address: 70 North Ave, Westport, CT 06880

Length of workshop: 2 hours

Presenters names: Jessica Feighan from The Center for Sexual Assault Crisis Counseling and Education and Jennifer Mitteness - CTAHPERD Regional 2 Director, Health and Physical Education teacher, Staples High School, Westport CT

Workshop speaker information:

Jessica Feighan is the Director of Education, Outreach, and Operations at The Center. She schedules all of the community education, organizes the outreach, and supports the Executive Director with operational policies and procedures. She brings with her two years of retail management and five years of experience in education. Jessica received a Bachelor's Degree in English and a minor in Theater from The University of Rhode Island and a Master's Degree in Elementary Education from Sacred Heart University.

Description of workshop: This workshop will begin with a presentation from an educator from The Center for Sexual Assault Crisis Counseling. She will speak on the topics of Sexual Harassment and Assault. Following the presentation will be an introduction of activities teachers can use to teach the concept of consent in a health or physical education class by Jennifer Mitteness. Jen is a fourth year Health and Physical Education teacher at Staples High School in Westport, CT

Additional information about the Center:

The Center for Sexual Assault Crisis Counseling and Education, located in Stamford, provides a variety of programs and services to the eight towns of lower Fairfield County. We provide services for primary and secondary victims, ages 14+.

Free, confidential crisis counseling in English, Spanish, and Haitian Creole

Support groups:

- English speaking, Spanish speaking, ASCA (Adult Survivors of Child Abuse) 18+
- LGBTQ+ Survivors 16+
- Trauma-Informed Yoga and Art Therapy
- Writing Release Workshop for Survivors
- Ongoing support groups for various organizations and schools throughout the community

24- hour hotline in English and Spanish by trained, certified advocates

- Includes hospital and police accompaniment

Prevention Education

- Age and developmentally appropriate conversations in elementary, middle, and high schools
- Sports teams
- Child Sexual Abuse and Mandated Reporting
- Sexual Harassment in the Workplace
- Colleges (NCC and UConn Stamford)
- Churches, DV Task Forces, Live Girl, Parents, Boys and Girls Clubs, Camps, School Staff, etc. (anyone who wants any sort of training or conversation/presentation around sexual violence)

SAFE Program – Sexual Assault Forensic Examiners

- Train medical staff to complete forensic exams on patients

Registration closing date: March 1, 2019

Questions ??? Call Jennifer Mitteness at: 203-341-1266

Registration Information:

Mail in registrations discounted fee is \$20. Online registration is \$25. <http://www.cvent.com/d/m6q7sf>

(Make check out to CTAHPERD)

Send to: Jennifer Mitteness, Staples High School, 70 North Ave, Westport, CT 06880

\$20 for CTAHPERD members, \$40 for non-CTAHPERD members

\$5 for retired members, Free for CTAHPERD undergraduate student members

Name: _____

School/Agency: _____

CTAHPERD Membership Number: _____ (must be current as of March 31, 2019)

Address: _____

Phone: _____ Email: _____

Amount enclosed: _____