

THURSDAY SESSIONS AT A GLANCE

Thursday	Nutmeg	Southford AB	Southford C	Southford DE	Woodruff	Great Hill A	Great Hill B	Walnut
8:00-9:00	T.E.A.M.S (Together, Explore, Ask Questions & Share ideas, Members of a Team, Strength in numbers)	Keynote Set Up	Keynote Set Up	Keynote Set Up	Wanted! Cooperating Teachers	Effective Interviewing: Surpass Others and Get Your Dream Job!	Connecticut Physical Fitness Assessment Individual Student Collection Update	CTAHPERD Connects:
10:45-11:45	College Students - Believe it or not YOU are a Leader	Potpourri of Activities	COMCHI With Me	Preventing injuries at the gym	PE Leadership Course for High School Seniors	Skills Based Health Crash Course	(Keynote Breakout)	CTAHPERD Connects: Gender Inclusive Puberty Education
12:00-1:00	How to integrate ANOD into your K-5 physical education classes	Everyone CAN succeed: Lead-up Activities for Middle and High School PE	2022 National Elementary Teacher of the Year Reflection Button	Pickleball 101	Current Issues in Health Education	Let's Talk About the Way We Talk About Food	edTPA 201: Tips and Strategies for Passing the Test	CTAHPERD Connects: Culturally Responsive Health Education (nutrition)
1:15-2:15	Get On Board Introduction to Skateboarding	Get FAST and FURIOUS with Omnikin!	Connect With COMCHI		Amplify Kindness with Health Moves Minds	PETE/HETE - Past, Present and Future - Helping your students to understand their Physical Education Philosophy	Teacher Leadership in Health and PE	CTAHPERD Connects: The Connecticut Physical Fitness Assessment
2:30-3:30	Awards Set Up	13th Annual Dee Perrelli College Bowl	The BEST of the BEST from our experience at SHAPE NOLA!!					CTAHPERD Connects: Equitable Practices in Health and PE
KEY:	Dance	Future Professionals	Health	PE Adapted	PE Elementary	PE K-12	PE Secondary	Round Table

FRIDAY SESSIONS AT A GLANCE

Friday	Nutmeg	Southford AB	Southford C	Southford DE	Woodruff	Great Hill A	Great Hill B	Walnut
8:00-9:00	Show Me What You Can Do!	Keynote Set Up	Keynote Set Up	Keynote Set Up	Accountability AND Compassion	Why Skills-Based Health Education?	Connecticut Physical Fitness Assessment Individual Student Collection Update	CTAHPERD Connects: Active Schools
10:45-11:45	Be Slow to speak, quick to listen	Fitness Land	Connection CRAZE	Movement Matters: Instant Activities to get your Students Moving and Grooving	Wanted! Cooperating Teachers	The Digital Approach to Health and Wellness	How We Root to Rise (Keynote Breakout)	CTAHPERD Connects: Sex Ed, SEL and Other Trigger Words
12:00-1:00	Advocacy in Actions, & Activities with 2022 National Elementary PE Teacher of the Year	Omnikin: Have a BALL with Action-Packed Fun for All!	The Force of Breath: Somatic Games and Activities for Resilience During Tough Times	Movement for All	Keep on Teaching!	AFSP and CJKF Mental Health Resources for the Classroom	Be an Ambassador for your Students' Physical Activity	CTAHPERD Connects: LBGQIA+
1:15-2:15	Assessment in Elementary PE: Painless, Profitable, and Purposeful with 2022 National Elementary PE Teacher of the Year	Plug it in and Power Up Fitness with OPEN	Building BOOM	A Practical Tool Kit for Dance in PE!	Trauma-Informed Practices in Health and Physical Education	Activities to Engage Students in Skills-based Health Education	APE Refresher: Current Trends in the World of Adapted Physical Education	CTAHPERD Connects: Health.Moves.Minds
2:30-3:30	Teaching self-esteem, body confidence and appearance discrimination to middle school students.	Change your life with Yoga, Mindfulness and Personal Fitness	ACTION! Team Games to Boost Student Engagement	Dance Scores: Dance Games for Group Awareness	Amplify Kindness with Health Moves Minds	Introduction to a Sun Safety Program	Instructional Practices to Deepen Learning	CTAHPERD Connects:
KEY:	Dance	Health	PE Adapted	PE Elementary	PE K-12	Round Table	Technology	